



Girls Restored and Christ Exalted



Life can often be like a game of Mud Volleyball. We get gunked up with what happens in life. We slip and fall and make things worse. Sometimes we get so dirty that we think we could never be clean again! Jesus provides the water that can take all that mud off and leave us feeling clean again.

Well of GRACE Ministries is pleased to announce the plans for another Mud Volleyball Tournament to be held on Saturday, July 31st at St. Joseph Christian Reformed Church. Players will romp in ankle deep mud in a field adjacent to the church. It promises fun for both participant and observer alike. Our goal for this year's event is to raise over \$10,000.

There will be up to four volleyball courts on the field which will support at least 32 teams. Each team will consist of six players with at least two women, plus two alternates. Entry fees are \$120 per team. Student groups, businesses, service organizations, and clubs from southwest Michigan are encouraged to register a team and bring along their own cheering sections and chairs. Entries are due no later than Wednesday, July 16, 2010. A variety of food and beverages will be available for purchase.

Please contact Kim at 269.408.1195 if you have any questions. We truly appreciate your support and look forward to another day of muddy fun! Registration forms, rules and waivers are available on our website: www.wellofgraceministries.com.

Grab a buddy and get muddy!

New Day Program Off to a Good Start!

The Well of GRACE Day Program was developed for young women who are struggling to keep up with the fast paced push and pull of the world we live in. Young women face a variety of challenges and pressures not only from themselves, but the outside world as well. In their early adult lives they receive many mixed messages, face difficult circumstances and make choices that often have lifetime consequences. Unfortunately, many young women get through their early teens and young twenties by trial and error, by making mistakes and figuring it out along the way.

Well of GRACE Ministries has created a program to come alongside young women to accompany them through their personal journey of self discovery. By teaching how to identify what is "stunting their growth" we can help them "cultivate" new strategies for living healthy and full lives.

Our Day Program for women ages 18 to 25 teaches young women how to become the person God has always intended them to be. "With faith as small as a mustard seed you can move mountains." We see God's hand in this program as we help young women move their personal mountains and grow in their faith.

The Well of GRACE Day Program is professionally facilitated by licensed therapists. It was developed by women for women. Our facilitators have established trust with our current participants so that they come every week ready to learn and share more of their personal stories. There is no cost for the program. We work hard to identify barriers that might prevent someone from participating. The program is 12 weeks in length. Each week focuses on a different theme for group discussion and activities. The program is structured so that new participants can join anytime.

Well of GRACE Ministries is grateful to all of you reading this newsletter! Without your faithful prayer and financial support this program would not be possible. Thank you for partnering with us to make a difference in the lives of young women in our community.

If you know of a young woman who might benefit from our program, please direct her to our website at www.wellofgraceministries.com to complete an application online or call our office at 428.9355. Well of GRACE Ministries: Girls Restored And Christ Exalted.

Our office has moved

Our new location is in the lower level of Southwestern Medical Clinic's Christian Counseling and Psychological Services at 5675 Fairview Ave., Stevensville, MI. In fact, we are right next door to our amazing accountant, Stacy Berndt! Please note that our phone number and website remain the same.



WELL of GRACE MINISTRIES
Girls Restored And Christ Exalted

Our Mission: Well of GRACE Ministries is a non-profit, Christ-centered organization that transforms physically, emotionally, and spiritually wounded young women.



Registration forms can be downloaded from our website and mailed to our office or parents can call our office at 428.9355 to register their daughter.

The school year is winding down and summer is almost here! If you know of a middle or high school girl who is looking for something fun to do this summer, then look no further. Club H2O is accepting registrations for two sessions this summer. Session I begins June 16 and Session II begins July 28. We've changed the format to accommodate busy summer schedules. Our summer sessions will run for three hours each week for six weeks. Club H2O is a fun program for girls to learn about self-esteem, explore their strengths and connect with other girls. All of the sessions are facilitated by licensed therapists. The program is free to all participants, but they must pre-register.



Club H2O is Sizzling for Summer!

DRAWING FROM GOD'S WELL

Praises:

- We thank God for our counseling staff and the impact they are having on our participants.
- We thank God for Renae Cosgrove, our new Director of Development, and the marketing skills and expertise she brings to our ministry.
- We praise God for the provision of the office space that He has provided on Fairview Ave. in Stevensville.
- We praise God for His provision of a renter for our Roberts Drive home.

Prayers:

- Pray that the objectives that the Board of Directors have set will become reality as we move through this year.
- Pray for young girls and women who might benefit from our programs to enroll in our Day Program and Club H2O.
- Pray for increased sponsorship, participation and many details of our Mud Volleyball tournament in July.
- Pray for a change of heart by the Benton Township Board about the Overflow project at the old Sears building.

www.wellofgraceministries.com

WELL of GRACE MINISTRIES
 Girls Restored And Christ Exalted
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