

Dewpoint

The point at which change occurs

This structured group offers support to address emotional regulation, thinking patterns, relationship with food and eating behaviors. This group provides a multi-disciplinary approach to Eating Disorder support for Anorexia, Bulimia, and ED not otherwise specified.

Winter Sessions Scheduled
Well of GRACE Ministries Office
Every other TUESDAY
5:00-6:30 p.m.

January 15th
January 29th
February 12th
February 26th
March 12th
March 26th

If you are interested in attending this therapy group,
Please call (269) 428-9355.
We would like to schedule a visit to meet with you.

Dewpoint is led by licensed therapists,
offered free of charge to participants,
and is a SMEDA affiliate.
(Southwest Michigan Eating Disorder Association)



WELL of GRACE MINISTRIES
Girls Restored And Christ Exalted

www.wellofgraceministries.com

Dewpoint B.E.D.

The point at which change occurs

This structured group offers support to address emotional regulation, thinking patterns, relationship with food and eating behaviors. This group provides a multi-disciplinary approach to Binge Eating Disorder.

Winter Sessions Scheduled
Well of GRACE Ministries Office
Every other TUESDAY
5:00-6:30 p.m.

February 5th
February 19th
March 5th
March 19th
April 2nd
April 16th

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Caregivers' Support

For parents, spouses, siblings, or
friends providing care for a loved one
with an eating disorder. We have a
support group for you too!

TUESDAYS
5:00-6:30 p.m.

TBD