

# *Dewpoint*

The point at which change occurs

This structured group offers support to address emotional regulation, thinking patterns, relationship with food and eating behaviors. This group provides a multi-disciplinary approach to Eating Disorder support for Anorexia, Bulimia, and ED not otherwise specified.

**Winter Sessions Scheduled**  
**Well of GRACE Ministries Office**  
**Every other TUESDAY**  
**5:00-6:30 p.m.**

**April 9<sup>th</sup>**  
**April 23<sup>rd</sup>**  
**May 7<sup>th</sup>**  
**May 21<sup>st</sup>**  
**June 4<sup>th</sup>**  
**June 18<sup>th</sup>**

If you are interested in attending this therapy group,  
Please call (269) 428-9355.

We would like to schedule a visit to meet with you.

*Dewpoint* is led by licensed therapists,  
offered free of charge to participants,  
and is a SMEDA affiliate.  
(Southwest Michigan Eating Disorder Association)



**WELL of GRACE MINISTRIES**  
Girls Restored And Christ Exalted

[www.wellofgraceministries.com](http://www.wellofgraceministries.com)

# *Dewpoint* B.E.D.

The point at which change occurs

This structured group offers support to address emotional regulation, thinking patterns, relationship with food and eating behaviors. This group provides a multi-disciplinary approach to Binge Eating Disorder.

**Winter Sessions Scheduled**  
**Well of GRACE Ministries Office**  
**Every other TUESDAY**  
**5:00-6:30 p.m.**

**April 30<sup>th</sup>**  
**May 14<sup>th</sup>**  
**May 28<sup>th</sup>**  
**June 11<sup>th</sup>**  
**June 25<sup>th</sup>**  
**July 2<sup>nd</sup>**

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# *Caregivers' Support*

For parents, spouses, siblings, or  
friends providing care for a loved one  
with an eating disorder. We have a  
support group for you too!

**TUESDAYS**  
**5:00-6:30 p.m.**

**April 23<sup>rd</sup>**  
**&**  
**May 21<sup>st</sup>**