



Discover who you really are and develop all you're created to be!

“Club H2O” is a faith-based group especially designed for young women, ages 13-18. It’s a safe place for them to connect with each other while engaging in discussions and activities to increase self-esteem, healthy coping strategies and learn about boundaries to build secure relationships. Joining “Club H2O” is free to all participants and the program is facilitated by Master’s level therapists.

Summer Groups at Well of GRACE Ministry Center

5707 Red Arrow Highway, Stevensville, MI 49127

Self Esteem

June 13th, 20th, & 27th

Boundaries

July 11th, 18th, & 25th

Coping Skills

August 8th, 15th, & 22nd

Thursdays

Noon – 2:00 p.m. (Snacks included)



Creative Expression Group for Teen Girls

Saturdays (Once a month)

Noon – 2:00 p.m. (Snacks included)

June 15th

July 27th

August 17th

One-day Groups in the Community

The 7 Habits of Highly Effective Teens

Benton Harbor Public Library

213 E. Wall St., Benton Harbor MI 49022

Friday, June 21st
Noon – 3:00 p.m.

Niles-Buchanan YMCA

905 N. Front Street, Niles, MI 49120

Tuesdays
June 25th, July 2nd, 9th, and 16th
1:00 p.m. – 2:30 p.m.

**RSVP the YMCA at 269-683-1552*

Eau Claire District Library

6528 E. Main St., Eau Claire, MI 49111

Tuesday, June 18th
Noon – 3:00 p.m.

&

Wednesday, July 31st
Noon – 3:00 p.m.

Watervliet District Library

333 N. Main St., Watervliet, MI 49098

Wednesday, June 19th
Noon – 3:00 p.m.

To reserve your space, please call our office and ask for Jasmine Jones at (269) 428-9355

You must have a signed parent’s permission form to participate.

