



*Discover who you really are and
develop all you're created to be!*

“Club H2O” is a faith-based group especially designed for young women, ages 13-18. It’s a safe place for them to connect with each other while engaging in discussions and activities to increase self-esteem, healthy coping strategies and learn about boundaries to build secure relationships. Joining “Club H2O” is free to all participants and the program is facilitated by Master’s level therapists.

Coping Skills

Thursdays

4:30 – 6:00 p.m.

April 18th, 25th, May 2nd, 9th, 16th, and 23rd

Well of GRACE Ministry Center
5707 Red Arrow Highway, Stevensville, MI 49127

Join our **NEW** monthly group for teen girls
who would like to use creative outlets for personal growth.

Creative Expression Group for Teen Girls

Well of GRACE Ministry Center

To reserve your spot, please call our office at 269-428-9355.

Monthly Groups:

Saturdays, 12:00 noon - 2:00 pm

April 13th

May 18th

To reserve your spot at either of these two groups, please call our office and ask for Jasmine Jones.
(269) 428-9355

Well of GRACE Ministries also offers groups at the following area schools.

Talk to your school guidance counselor if you would like to participate in a group at your school.

Bridgman High School
F.C. Reed MS (Bridgman)
Buchanan High School
Buchanan Middle School
Countryside Academy HS

Countryside Academy MS
New Buffalo MS/HS
Paw Paw Middle School
River Valley High School
River Valley Middle School

St. Joseph High School
Upton MS (St. Joseph)
Watervliet High School
Watervliet Middle School

You must have a signed parent’s permission form to participate.

United Way
of Southwest Michigan

