



Well *of* GRACE Ministry Center 5707 Red Arrow Hwy, Stevensville, MI 49127

*“Club H2O”* is a faith-based group especially designed for young women, ages 13-18. It’s a safe place for them to connect with each other while engaging in discussions and activities to increase self-esteem, healthy coping strategies and learn about boundaries to build secure relationships. To join *“Club H2O”* is free to all participants and the program is facilitated by Master’s level therapists.

**SELF ESTEEM**

Mondays

4:30-6:00 p.m.

Oct.8th, Oct.15th, Oct.22th, Oct.29th, Nov.5st, Nov.12th & Nov. 19th

**Well *of* GRACE Ministries also offers groups at the following area locations.**

*Talk to your school guidance counselor, community leader, or pastor to get a group started at your school, community center or church.*

Bridgman High School

F.C. Reed Middle School (Bridgman)

Buchanan High School

Buchanan Middle School

Countryside Academy High School

Countryside Academy Middle School

New Buffalo High School

Paw Paw Middle School

River Valley High School

River Valley Middle School

St. Joseph High School

Upton Middle School (St. Joseph)

Watervliet High School

Watervliet Middle School

***You must have parent permission to participate.***